

NO JUNE SAN DIEGO MEETING!!
Free Education & Advocacy Meeting



***For July's Education and
Advocacy Meeting on July
2nd we will have:***

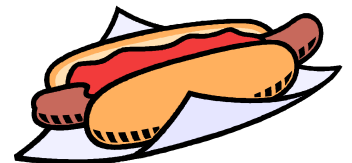
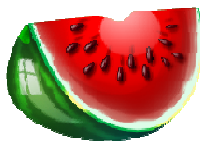
***Heather Wood Ion
Resiliency and Mental
Health***

***NAMI San Diego, North Inland
Annual Picnic Instead of Education Meeting
Thursday, June 11, 2009—11:30 a.m. to 2:00 p.m.
Kit Carson Park, 3333 Bear Valley Pkwy, Escondido, CA.
Ray Love Picnic Area, Next To Tennis Courts***

Family members please bring a salad or dessert to share.

Cash donations to help defray the costs also welcome.

Hats, sunscreen, lawn chairs, highly recommended.



*Angela Billing
Board Member
NAMI San Diego*

North Inland's next educational meeting September 08, 2009

No meetings in July or August

Last month we had an excellent presentation of a NAMI program "Parents and Teachers as Allies." Many of us wish there had been this kind of information and assistance in the schools when our children first developed difficulties.

For May Mental Health month, Judy Corrie, our NAMI librarian had a display in the Escondido library with brochures, books and videos to advertise our resources to the community.

This month will be our annual picnic which has always been well attended. We hope to see many of you there. In the past we have had over 100 in attendance. Jackie from Palomar Outpatient Program will be directing some fun activities and she does a dynamite job. We have relocated to Kit Carson Park because there no longer are BBQs at Washington Park. It is a much pleasanter location. There are plenty of tables and parking.

Recently attendance at the monthly meetings has been down. We have several faithful workers who show up each month to set up and take down chairs, prepare refreshments, and display selections from the library. They rarely miss a meeting. In view of this we are going to take a short

break over the summer and hope to attract a wider audience in the fall. Our next speaker in September will be Lisa St George from Recovery Innovations California (RICA). In addition to presenting their program of recovery she will also discuss the movement to end restraints in the inpatient setting.

We have now been a united NAMI with San Diego for over 6 months and I want to assure you that we are continuing to provide all the same services in North County as before.

We have 3 share and care groups meeting each week and a monthly educational meeting. We also currently have a Family to Family class. In addition to the NAMI board we operate locally with a committee made up of 5 of our North Inland members, myself, Judy Corrie, Joan Simmons, Paul Straley, and Emily Weurding.

Our NAMI San Diego is very committed to serving North County Inland, our strength has always been our support groups and our activities for clients and we hope to keep it that way.

If you have any comments, concerns, suggestions, we welcome them and I can be contacted at:

**760-805-3501 or
ange1amb@aol.com**

Remember it is your affiliate and we want to meet your needs and be of assistance but we do need your participation.

Making It Happen

NAMI San Diego, a non-profit organization, provides education, support services, and advocacy to improve the quality of life of everyone affected by mental illnesses.

**NAMI San Diego is an affiliate of
NAMI and NAMI California**

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Bettie Reinhardt
exudir@namisandiego.org

**The NAMI San Diego *Advocate*
is a monthly publication of**

**NAMI San Diego
4480 30th Street
San Diego, CA 92116**

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**(619) 543-1434 (Helpline)
(800) 523-5933 (Helpline)
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E-mail: information@namisd.org

Web Site: www.namisandiego.org

The NAMI San Diego *Advocate*

**Staff: Rita Navarro
Patrick Cremeens**

Articles received by the 15th will be considered for publication in the following month's newsletter.

The opinions expressed in the newsletter do not necessarily reflect those of NAMI San Diego.

To register your opinion, call Bettie Reinhardt at (619) 584-5567 or fax to (619)584-5569 or email at exudir@namisandiego.org or contact any of the people mentioned in the articles.



*Education Corner
By Anita Fisher
Education Director*

***A salute to our 2008-2009
fiscal year Family to Family
Teachers.***

As we come to the close of our fiscal year end on June 30, 2009, I would like to take this opportunity to Thank and Congratulate all of the dedicated Family to Family Teachers who VOLUNTEERED 2 ½ hours each week for twelve weeks (some twice this fiscal year). They took time from their busy lives to teach other families and friends of people living with mental illness about the different diagnoses, and how to communicate, advocate, and support their loved ones.

We are required to hold twenty-two F2F courses and two nine-week Schizophrenia Education classes each fiscal year (July 1 to June 30). They are held from the most Southern to the most Northern Coastal areas of San Diego County. The classes are taught in Spanish, Vietnamese, Arabic, as well as with a Veteran Family/Friends focus.

This is my first full fiscal year in the position of Education Director, and I have formed a whole new level of respect and affection for those of you who answered my numerous e-mails and telephone calls asking you to teach this class course (yet again). When I receive a "YES I CAN" (a sign of the times?) reply, you really have no idea how those simple words put a big grin on my face, a spin in my

office chair, and the ol' fist air pump as I add another pending class to my spreadsheet.

I am so pleased to say that because of your dedication, it looks like we will be making that goal this year. I want to use this month's column to thank you all by name: Jayshree Pyati, Anna Kelso, Marie Revere, Paul and Linda Love, Ellie Taylor, Wendy Sperling(2), Connie German, Helen Norman, Marty Aspenleiter (2), Diane Ratigan(2), Tri Nguyen (2), Helen Quach, Judy Wasik, Judy Sperling, Joan Williams, Paul DeMartini, Liz Krudenier, Peg Deyer, Bill Holliday, Nancy Fuller, Jon Turley, Helen Bergen, Guadalupe Marquez, Silvia Perez, Jim and Jackie Bachman, Karen Fernandez, Jane Fryer, Elizabeth Freed, Bettie Reinhardt, Sam Wright, Sarah Jayyousi, Shadi Haddad, Linda Graham, Clytie Koehler, Janie Moniot, Karen Johnson, Fran McNeel, Andre Collier, and myself, Anita Fisher. The Schizophrenia Education Instructors: Patti Jakobic and Darin Dale.

There were four F2F state teacher trainings taught by: Adela and Lombardo De Trinidad, Jean Selzer, Paul Love(2), Kathy Smith-Brooks, Suzanne Schmidtke.

Thank You to the dedicated NAMI San Diego Helpline Volunteer Staff who assist the callers with finding the best class location- Trish Azar, Helen Bergen Jan Karsh, Joan Williams, and of course, Rita Navarro keeps it all organized.

I want to include an extra honorable mention for Paul Love who is not only a volunteer Family to Family Teacher, Family to

Family State Teacher Trainer, Parents and Teacher as Allies Presenter. He also comes into the office to organize and pack up all the class handouts and materials you receive in your boxes and rolling carts for each class! His famous line is "*I do whatever the Education Director wants me to do, whenever I want to do it.*"

Last but not least, I would like to take this opportunity to list the many locations that allow us to use their meeting space free of charge to host our Family to Family classes: Sunrise Living Center, Pegasus East Dual Diagnosis Center, Southeast Mental Health Clinic, San Carlos United Methodist Church, UPAC Counseling & Treatment Center, St. Marks United Methodist Church, Carlsbad Community Church, Gethsemane Lutheran Church, Maria Sardinias Clinic, New Creation Church, Rancho Bernardo Presbyterian Church, VA Hospital La Jolla, Grossmont Healthcare Library, Gateway Community Church, Ramona Town Hall, Coronado Police Department, UPAC Eastwind Clubhouse.

What's Next?

We are going to start all over again! Be on the look out for my upcoming "availability of time" to begin scheduling our next fiscal year classes starting in July 2009. Also, watch for information on a summer surprise for all Family to Family Teachers.

NAMI Leaders Recognized by Mental Health Community

Bettie Reinhardt, NAMI San Diego's Executive Director, announced as Mental Health Person of the Year

Bettie Reinhardt, NAMI San Diego's Executive Director, has been named the Mental Health Person of the Year by the San Diego Mental Health Recognition Dinner Committee. For over twenty years, the "Mental Health Person of the Year Award" has recognized and honored individuals like Bettie who have provided outstanding service to the mental health system. NAMI San Diego's co-founder Helen Teisher was the first recipient of this award.

Bettie's nomination letter detailed the enormity of her commitment and dedication to serving those in need in the San Diego community. It chronicled her long-standing leadership of NAMI and her role in the development of a myriad of strategic programs and initiatives to better meet family and individual needs. Bettie's work to destigmatize mental illness, to speak out at every opportunity and to promote and celebrate recovery was greatly applauded. Her efforts have clearly made a difference in the lives of individuals and their families who are challenged with mental disabilities.

Kathy Smith-Brooks, NAMI North Coastal San Diego County Board co-Vice President, announced as Mental Health Volunteer of the Year

Kathy has been recognized for 15 years of great service to the community.

Louise Groszkruger, NAMI San Diego Board President, given NAMI San Diego's Sponsor's Award

Louise Groszkruger hit the ground running when she joined NAMI San Diego in 2005. Now she is in her third year as president of the board of directors. In between and during those years, she has given her time and expertise to write all of the organization's proposals and major grants so NAMI can work even harder to improve the quality of life of everyone affected by mental illnesses. That donation of time and skills adds up to significant in-kind dollars and late, late hours – fueled by her special caring for the people NAMI serves.

The awards will be presented at the Mental Health Recognition Dinner on May 29th.

The Soloist: A Call to Action April 23, 2009

Arlington, VA— The National Alliance on Mental Illness (NAMI) has launched a new Web site, www.nami.org/soloist, as part of a social action campaign with Participant Media surrounding the April 24th release of "The Soloist", starring Jamie Foxx and Robert Downey, Jr.

"The movie will help humanize people who live with schizophrenia and are homeless," said NAMI executive director Mike Fitzpatrick. "It will help people look beyond stereotypes and create better understanding of the challenge for treatment and recovery."

"The mental health care system is in crisis. After people exit theaters and leave popcorn behind, we

want to translate new awareness into action."

Schizophrenia is a mental illness that affects about 2 million Americans—twice the number living with HIV/AIDS.

"The Soloist" is based on the true story of the unlikely friendship between Nathaniel Ayers, a street musician living in Skid Row, and Steve Lopez, a columnist with the Los Angeles Times. In a series of columns, Lopez reports on Ayers' journey as a gifted student from the Julliard School of Music to the streets of Los Angeles, living with schizophrenia.

On NAMI's special Web site, visitors can:

- Watch "The Soloist" trailer. Test their schizophrenia knowledge
- Listen to Dr. Ken Duckworth, NAMI's medical director, answer questions about schizophrenia, diagnosis and recovery
- Learn more about NAMI's education programs
- Alert state and national representatives to NAMI advocacy goals



Meeting Schedule and General Support Groups

NAMI San Diego

FREE mtgs. & open to the Public.
Phone #'s provided if more information is needed.

NAMI San Diego Support Group

3rd Tuesday, 10:00 a.m. - 12:00 p.m.
NAMI San Diego Office
4480 30th Street
San Diego, CA 92116
Call (619) 543-1434 or
(800) 523-5933

Clairemont NAMI Support Group

2nd Monday, 7:00 - 8:30 p.m.
St. David's Episcopal Church (Library)
5050 Milton Street
San Diego, CA 92110
Call Joan Williams at (858) 274-3716

La Jolla NAMI Support Group

1st Tuesday, 7:15 - 9:00 p.m.
La Jolla Presbyterian Church
7715 Draper Ave.
La Jolla, CA 92037
(Life Center Building, Rm 9, Upstairs)
(Park on Draper, go up steps, turn left
and go into building facing you, climb
stairs and turn right, follow short hall until
come to room.)
Call (858) 457-5057

Rancho Bernardo Support Group

3rd Tuesday, 7:00 - 8:30 p.m.
Rancho Bernardo Community
Presbyterian Church
17010 Pomerado Road
San Diego, CA 92128
Call Ellie Taylor (858) 485-0703 or
Judy Mapston (858) 603-4085

Criminal Justice Family Support Group

3rd Thursday, 6:00 p.m. - 8:00 p.m.
Spring Valley Youth & Fam. Coalition
3845 Spring Dr. Room 31
Spring Valley, CA 91977
Call (619) 543-1434 or
(800) 523-5933

Sibling and Adult Children's Group

2nd Wednesday, 7:00 - 9:00 p.m.
Scripps-Mende Well Being Center
Adjacent to the Westfield (UTC) Mall
San Diego, CA 92122
Call Michelle Cauble at
(858) 756-3140

Spouses of Persons with the Diagnosis of Bipolar Disorder

3rd Tuesday, 6:30 - 8:00 p.m.
Clairemont Lutheran Church
(Luther Hall, Room 2 on the 1st Floor)
4271 Clairemont Mesa Blvd.
San Diego, CA 92117
Call (858) 273-7423

Spanish Support Group-South Bay

1st Monday, 6:00 - 8:00 p.m.
South County Family Resource Center
690 Oxford Street
Chula Vista, CA 91911
Call Luz Fernandez (East County Clinic)
at (619) 401-5500 for more information

Spanish Family Support Group

2nd & 4th Monday, 6:00—8:00 p.m.
Otay Mesa Library
3003 Coronado Ave.
San Diego, CA. 92154
Call Gina Osuna at (619) 288-3133 or
Kika Cortez (619) 397-8835 or
Adela Soto (619) 852-2309

NAMI Patton

3rd Sunday, 1:00 - 3:00 p.m.
c/o Patton State Hospital
(Administration Annex - Room 148)
3102 E. Highland Ave.
Patton, CA 92369
Tel: (909) 425-7392
Fax: (909) 425-0160

NAMI San Diego, North Inland

Education Meeting

2nd Tuesday at 7:00 p.m.
Kinesis North
474 W. Vermont Ave.
Escondido, CA 92025
Call (619) 543-1434 or
(800) 523-5933

Monday Share & Care in Fallbrook

Wednesdays, 5:00 - 6:30 p.m.
Fallbrook Healthcare Foundation Bldg.
Corner of Mission and Fig
Fallbrook, CA 92028
Call (619) 543-1434 or
(800) 523-5933

Tuesday Share & Care Meeting

1st, 3rd, 4th, 5th Tuesday,
4:00 - 5:30 p.m.
Joslyn Senior Center
210 East Park Avenue
Escondido, CA 92025
Call (619) 543-1434 or
(800) 523-5933

NAMI North Coastal

P. O. Box 2235
Carlsbad, CA 92018
760-722-3754

Education Meeting

3rd Thursday, 7:00 - 8:30 p.m.
St. Michael's by the Sea Episcopal
Church 2775 Carlsbad Blvd.
Carlsbad, CA 92008
Call (760) 722-3754 or (800) 523-5933

Education Meeting followed by NAMI Facilitated Share & Care Support Group 8:30 - 10:00 p.m.

NAMI-SIT

Schizophrenics in Transition

Copper Hill Living & Learning Ctr., Creative Arts Consortium, Vet to Vet, Creative Opportunities, Advocacy Works, Friends In Hand Clubhouse
Info: (858) 481-7069

TARA Borderline Personality Disorder

Support Meetings for Family Members

UCSD Outpatient Psychiatric Services (Gifford Clinic)

1st Thursday, 6:30 - 9:00 p.m.
140 Arbor Drive, San Diego, CA 92103
2nd Floor Rm 247

Tri-city Medical Center

3rd Wednesday, 6:30 - 9:00 p.m.
4002 Vista Way, Oceanside, CA 92056

Rcho Bernardo Swim & Tennis Club

3rd Thursday, 6:30 - 9:00 p.m.
16955 Bernardo Oaks Drive
San Diego, CA 92128

**For more information on TARA
mtgs. call Sandy (760) 729-5748
or sboone@compuidusa.com**

Client/Consumer Support Groups and Resources

NAMI Connection

Casual & relaxed. Can share challenges & successes of coping with mental illness. FREE, flexible.

NAMI San Diego Office

4480 30th Street
San Diego, CA 92116
Thursdays: 6:00-7:30 p.m.

Mariposa Clubhouse

560 Greenbrier, Suite C-E
Oceanside, CA 92054
Call: (760) 439-2785
Wednesdays: 1:00 - 2:30 p.m.

See Full List of Connection Support Groups at www.namisandiego.org

NAMI C.A.R.E.

Consumers Advocating for Recovery through Empowerment
NAMI San Diego Helpline at
(619) 543-1434 or 1-800-523-5933

Sharp Mesa Vista Hospital

(Activity Room)
7850 Vista Hill Ave.
San Diego, CA 92123
*Every Thursday:
12 Noon - 1:00 p.m.*

ECT Support Group

NAMI San Diego Office
4480 30th Street San Diego, CA.
*Every 2nd Tuesday
5:30 - 7:00 p.m.*

Consumer Support Group for people who have had or may be beginning Electroconvulsive Therapy (ECT).

EN ESPAÑOL—Casita De Salud

4486 Camino de la Plaza
San Ysidro, CA 92173
Llame: (619) 270-6652 o
(619) 665-3178
*Cada Segundo y Cuarto Sabado
Del Mes: 10:30 a.m. - 12:00 p.m.*

The Consumer Ctr. for Health Ed. & Advocacy

1475 Sixth Ave., 4th Floor,
San Diego 92101
Toll Free: 1-877-734-3258 ✕
Fax: (619) 471-2782
Monday - Friday: 9:00 a.m. - 5:00 p.m.

If you need help getting mental health services or if you have a complaint or grievance, call or write us. We are ready to help you.

Access & Crisis Line

1-800-479-3339
24 hours a day/7 days a week



Client Warm Line

1-800-930-9276
Daily: 5:00 p.m.—11:00 p.m.
Call us. Fellow consumers who have been there, done that. Listening & talking are what we like to do.

NAMI San Diego Helpline

1-800-523-5933, 1-619-543-1434
information@namisd.org
Volunteer resource specialists provide info. & support to callers & visitors, including consumers, family members & professionals.

Albright Center

Hosts the Helpline, lending library, and take home materials.

Patient Advocacy Program

5998 Alcalá Park, AW 304, San Diego 92110
(619) 260-7660 / 1-800-479-2233 F:(619) 260-7680
Monday - Friday: 8:00 a.m. - 5:00 p.m.

Bayview Clubhouse

330 Moss Street, Chula Vista 91911
(619) 585-4646 ✕ Fax: (619) 585-4625
*Monday - Friday: 8:00 a.m. - 4:00 p.m.
Evenings/Weekends - Call for Schedule*

Casa Del Sol Clubhouse

1157 30th Street, San Diego 92154
(between Coronado Ave. & Beyer Blvd.)
(619) 429-1937 ✕ Fax: (619) 429-5205
*Monday: 8:30 a.m. - 6:00 p.m.
Tue, Thurs & Fri: 8:30 a.m. - 4:30 p.m.
Wednesday: Noon - 8:00 p.m. (Bilingual)*

Corner Clubhouse

2864 University Ave., San Diego 92104
(North Park at Utah Street)
(619) 683-7423 ✕ Fax: (619) 683-7428
Monday - Friday: 8:00 a.m. - 4:00 p.m.

East Corner Clubhouse

1060 Estes Street, El Cajon 92020
(619) 440-5133 Ext. 109 ✕ Fax: (619) 440-8522
*Mon, Tue, Thurs & Fri: 8:00 a.m. - 4:00 p.m.
Wednesday: 8:00 a.m. - 6:30 p.m.*

East Wind Clubhouse

8745 Aero Dr. Ste 330, San Diego 92123
(858) 268-4933 ✕ Fax: (858) 268-0244
Monday - Friday: 8:30 a.m. - 5:00 p.m.

Escondido Clubhouse

474 W. Vermont Ave., Ste. 105
Escondido 92025
(760) 737-7125 ✕ Fax: (760) 737-6129
*Monday - Friday: 8:00 a.m. - 4:30 p.m.
1st Saturday of month: 10:00 a.m. - 2:00 p.m.*

Mariposa Clubhouse

560 Greenbrier Drive, Ste. C-E, Oceanside 92054
(760) 439-2785 ✕ Fax: (760) 439-6902
Monday - Friday: 8:00 a.m. - 4:30 p.m.

Friends In Hand Clubhouse

144 Copper Ave., Vista 92083 (302 Bus Route)
(760) 631-2206 *Saturday: 11:00 a.m. - 4:00 p.m.*

The API Discovery Clubhouse

5550 University Ave., San Diego 92105
Membership Information: (619) 667-6176
Saturday & Sunday: Noon - 4:00 p.m.

The Meeting Place, Inc.

4034 Park Blvd., San Diego 92103
(619) 294-9582 ✕ Fax: (619) 294-9588
M-TH: 8 a.m. - 6 p.m. FR: 8 a.m. - 4 p.m.

The Oasis Clubhouse

3635 Ruffin Road, Ste. 101, San Diego 92123
(858) 300-0470 ✕ Fax (858) 300-0471
*Monday - Friday: 10:00 a.m. - 7:00 p.m.
Serving Transitional Age Youth (16-25)*

Neighborhood House Association (NHA) Friendship Clubhouse

286 Euclid Ave., #104, San Diego 92114
(619) 266-2111 Ext. 106 ✕ Fax: (619) 266-0496
Monday - Friday: 8:30 a.m. - 5:30 p.m.

Mental Health America Visions

226 Church Avenue, Chula Vista 91910
(619) 420-8603 ✕ Fax: (619) 420-0385
Mon - Fri: Noon - 7 p.m.; Sat & Sun: Noon - 5 p.m.

The Access Center of San Diego

8885 Rio San Diego Dr. Ste. 131 San Diego 92108
(619) 293-3500 ✕ Fax: (619) 293-3508
Monday - Friday: 8:30 a.m. - 5:00 p.m.

Employment Services

1202 Morena Blvd., Ste. 201, San Diego 92110
(619) 276-8071 ✕ Fax: (619) 276-3542
Monday - Friday: 8:00 a.m. - 4:30 p.m.
(Must be receiving serv. from a county funded mental health prog. & approved by Dept. of Rehabilitation)

San Diego Employment Solutions

10981 San Diego Mission Road Ste. 108
San Diego 92108 ✕ (619) 521-9569
For people with history of long-term unemployment

Job Options

3465 Camino del Rio South, Ste. 300
San Diego 92108
(619) 688-1784 (Valorie) ✕ Fax: (619) 688-9884
Mon - Thurs: 8 a.m. - 5 p.m.; Fri: 8 a.m. - 4 p.m.

San Diego Park and Recreation Therapeutic Recreation Services

3325 Zoo Drive, San Diego 92101
(619) 525-8247 ✕ Fax: (619) 299-9304
Monday - Friday: 8:00 a.m. - 5:00 p.m.
Provides year round recreational experiences for individuals with disabilities.

The Creative Arts Consortium

P. O. Box 3053, San Diego 92163
(619) 282-4627 or (858) 481-7069

Compeer San Diego

(858) 361-3632
Offering support, information, and friendship!
website: www.compeersandiego.org
e-mail: info@compeersandiego.org

DBSA-Depression Bipolar Support Alliance

There are meetings in different regions of the county. Call for meeting info: 1-800-826-3632 or go to the DBSA website at: www.dbsalliance.org

Become a Member and/or Make a Donation

NAMI San Diego relies on its membership and your generous contribution to continue providing education and other services to people with mental illnesses, their families, and the community. To join NAMI San Diego, renew your membership, or make a contribution, complete the information below and enclose your check payable to: NAMI San Diego.



Name: _____ E-mail address: _____

Address: _____ Home Phone: _____

City/State/Zip: _____ Cell Phone: _____

We are a green friendly organization. Please help us save trees and postage. By submitting your e-mail address you will get your newsletter via-e-mail when you are a new member or renewing your membership. Paper newsletter will ONLY be sent if specifically requested.

I understand and agree

I Request My Paper Newsletter

Become a Member

- Membership \$40.00
 New Member Renewal
- Professional Membership \$75.00
- Organizational Membership \$100.00
- Please contact me about a Scholarship Membership

Make a Donation

- Platinum Donation - \$1,000 or More Amt. Donating: _____
- Gold Donation - \$500 - \$999 Amt. Donating: _____
- Silver Donation - \$100 - \$499 Amt. Donating: _____
- Bronze Donation - \$1 - \$99 Amt. Donating: _____

To pay by Credit Card:

Print Name As It Appears On Card _____

Card Number _____

Expiration Date _____

___ Visa ___ MasterCard \$ _____

Amount

Signature _____

Please Mail To:

NAMI San Diego
 Attn: Membership
 4480 30th Street
 San Diego, CA 92116

Or Fax To:

619.584.5568
 (ONLY if paying by credit card)

Planned Giving

Leaving something behind to help future generations is one of the most gratifying things we can ever do. It is possible to provide for your heirs while at the same time continuing your support of NAMI San Diego. If you would like advice on charitable bequests, charitable remainder trusts or charitable lead trusts, contact your personal attorney or call NAMI volunteer and chartered financial consultant Michael McNeill (858-272-7997) of Prudential Financial to assist you in choosing what plan works best for you.



Endowment

An endowment is a special investment fund in which the principal can never be spent. The investment return (interest) is used to provide income for a nonprofit organization, in perpetuity. If you would like information on contributing to the NAMI Endowment Fund, call Bettie at 619-584-5567

The Advocate

Vol. XIII, Issue 6, June 2009



4480 30th Street
San Diego, CA 92116

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Organization
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Return Service Requested



E&A Meetings

NAMI San Diego

June Meeting CANCELLED!

Next Meeting: July 2nd, 2009

University Christian Church

San Diego

NAMI San Diego, North Inland

June & July Meeting Cancelled

Next Meeting: September 8, 2009

Kinesis North, Escondido

CONSUMER AND FAMILY MEMBER VACANCIES ON MENTAL HEALTH BOARD

Each county in California is required to have a Mental Health Board. The foremost role of the Board is to review and evaluate the community's mental health needs, services, facilities, and special problems. The Board provides a vital two-way communication link between the community, the Director of Mental Health, and the County Board of Supervisors. In order to perform this function, the Board is composed of community representatives appointed by the Board of Supervisors. Each supervisor may appoint a family member of consumers of mental health services, a direct consumer, and a professional with experience and knowledge of the public mental health system. The Board currently has three vacancies: (1) a direct consumer in Supervisor Diane Jacob's district; (2) a family member in Supervisor Greg Cox's district; and (3) a member of a mental health discipline in Supervisor Bill Horn's district. If you are interested in applying for a vacancy, contact Marianne.Wedemeyer@sdcounty.ca.gov or phone her at (619) 563-2705. Marianne will be able to identify the district in which you reside and mail an application if you are eligible.

Submitted by Gloria Harris, PhD, Chairperson, Mental Health Board

Note: NAMI San Diego staff and board members are prohibited from serving on San Diego County's Mental Health Board because we receive funds from the County to provide family and consumer education and other activities. However, other NAMI San Diego members are encouraged to share their expertise on this important board.