



Scholarships!

Mental health clients may apply to NAMI San Diego for scholarship funds for course-related expenses such as tuition, books, and supplies.

To apply, call the Albright I&R Center at (619) 543-1434 or 1-800-523-5933 and request an application. Applications up to \$500.00 will be considered.

Deadlines:

Spring: January 31, 2005

Fall: August 31, 2005

The scholarships are made possible by a donation made fifteen years ago and are limited to the income from the scholarship fund.

Check this out!

The Lilly Reintegration Scholarship program is designed to offer financial assistance for a wide range of educational opportunities in which students work to attain a certificate or degree. Eligible programs include:

- High school equivalency programs
- Trade or vocational school programs
- Associate degrees
- Bachelor degrees
- Graduate degrees

See the website for more info!

Reintegration.com/resource/scholarships/apply.asp

January 14, 2005 deadline!

NAMI's First Thursday Annual Meeting, December 2, 2004:

POTLUCK for the Entire Family! Board Elections!

Spirituality and Healing by Presenter J. Adam Milgram

Adam is the Executive Director of the Sam and Rose Stein Institute for Research on Aging, an Organized Research Unit under the auspices of UCSD whose mission is to "foster healthy aging by supporting advances in patient care through research, training and education." The present focus is supporting research and research training in "Successful Aging." Previously, he was the Executive Director of the Hemophilia Association of San Diego County and served in that capacity for 5 years.

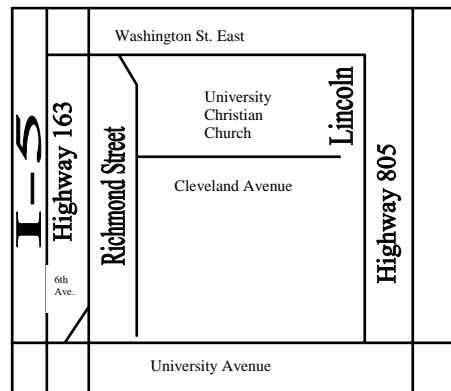
Program Schedule:

6:00 p.m.-8:30 p.m.

Show up with your dish to share!



Surprise Mortgage Burning Ceremony!



**University Christian Church
Friendship Hall
3900 Cleveland Ave
San Diego, California**

NAMI San Diego Meeting Schedule

NAMI San Diego

4480 30th Street
San Diego, CA 92116
(619) 584-5564

NAMI C.A.R.E. Support Group

Consumer Support Group
Thursdays, 6:00 - 7:30 p.m.
NAMI San Diego Meeting Room
NAMI-SD Office, 4480 30th Street

Morning NAMI-SD Support Group

Third Tuesday, 10:00 a.m. - 12:00 p.m.
NAMI-SD Office, 4480 30th Street

Sibling and Adult Children's Group

Second Wednesday, 7:00 - 9:00 p.m.
Scripps Well Being Center
Adjacent to the UTC Mall
Call Monica Astorga at (858) 483-9370

Clairemont NAMI Support Group

Second Monday, 7:00 - 8:30 p.m.
St. David's Episcopal Church (Library)
5050 Milton St., (619) 276-4567

La Jolla NAMI Support Group

First Tuesday, 7:15 - 9:00 p.m.
La Jolla Presbyterian Church
Enter on Eads Avenue, Room #9
(858) 457-5057

South Bay Spanish

Fourth Monday, 6:00 - 8:00 p.m.
Call Luz Fernandez (East County clinic)
for location (619) 401-5500

New support groups for
families and caregivers of
children and adolescents:

La Mesa Group

2nd & 4th Tuesday, 6:30-8:00 pm
Lake Murray Evangelical Free Church
5777 Lake Murray Boulevard, La Mesa
1st Floor, Fellowship Hall
Peggy & Bob Chambers: (619) 464-0476

San Diego Group

1st & 3rd Wednesday, 7:00-8:30 pm
NAMI San Diego Office
4480 30th Street, San Diego CA 92116
Sue McCoy: (619) 277-6224
Karen Malsack (858) 560-0030

La Mesa

Second Wednesday, 6:30 - 8:00 pm
San Carlos Library
7265 Jackson Drive
Contact Karen Robinson, (619) 698-4711
E-mail: krsd@cox.net

NAMI Patton

c/o Patton State Hospital
3101 E. Highland Avenue
Patton, CA 92639
Tel: (909) 425-7000 Fax: (714) 963-9961
Third Sunday, 11:45 a.m. - 1:15 p.m.
Administrative Meeting Room

NAMI-SIT

Schizophrenics in Transition

Board Meeting
1st Wednesday at Noon
144 Copper Avenue, Vista 92083
(760) 941-2153 or
(858) 481-7069

NAMI-SIT includes the following :

- Copper Hill Living & Learning Center
- Creative Arts Consortium
- Friends
- Advocacy Works
- MIXTECA Garden

NAMI North Inland

P.O. Box 300386
Escondido, CA 92030-0386
(760) 745-8381

Education Meeting

Second Tuesday at 7:00 pm.
Bradley Center (Kinesis North)
474 W. Vermont Ave, Escondido
(760) 745-8381 or 1-800-523-5933

Tuesday Share & Care Meeting

Every Tuesday Except the 2nd Tuesday
of each month., 4:00 - 5:30 pm.
at Joslyn Senior Center
210 East Park Ave, Escondido
(760) 745-8381

Weekly Share & Care in Fallbrook

Wednesdays, 5:00 - 6:30 p.m.
Fallbrook Healthcare Foundation
Corner of Mission and Fig
Call for address (760) 745-8381

NAMI North Coastal

P. O. Box 2235
Carlsbad, CA 92018
(760) 722-3754

Education Meeting

Third Thursday, 7:00 p.m.

St. Michael's by the Sea Episcopal Church
Parish Hall, 2775 Carlsbad Blvd.
(760) 722-3754 or (800) 523-5933

Education Meeting followed by

1. Share & Care,
2. Share & Care/Living with Spouses
at 8:30 p.m.

Share & Care

Fourth Tuesday - 5:00 - 6:30 p.m..
North Coastal Mental Health Clinic
1701 Mission Avenue, Oceanside
(760) 967-4475 or (760) 722-3754

Share and Care

Second Thursday at 12:30 - 2:00 p.m.
Tri-City Medical Center, Behavioral Health
Unit, 4002 West Vista Way, Oceanside
(760) 639-1433

Share and Care

Second Thursday at 6:00 - 7:00 p.m.
Tri-City Medical Center, Behavioral Health
Unit, 4002 West Vista Way, Oceanside
(760) 940-7396

TARA Borderline Personality Disorder Support Group

First Tuesday monthly at 6:30 - 9:00 p.m.
Carlsbad Community Church
3175 Harding Street, Carlsbad CA 92008
(760) 729-2331

The Access & Crisis Line

1-800-479-3339

The Warm Line

Consumer to Consumer Talk Line
1-800-930-WARM (9276)

The Warm-Line is now in operation 7 days a week, between the hours of 5:00 p.m. and 11:00 p.m.

Warm-Line operators are fellow mental health consumers who have received training in Peer Counseling. The goal of the Warm-Line is to provide empathetic active listening and information on available community resources.

The Warm-Line looks forward to hearing from you.

Always wear a Silver Ribbon™

To show you care about someone with a brain disorder!

To help break down the barriers to treatment and support!

To help eliminate the stigma against those who suffer!

To show you believe there is HOPE through education and research!

Contact the NAMI San Diego office to buy your silver ribbon

Class and Training Dates

- **Family-to-Family Classes**
1/11– 3/29/05
1/15– 4/02/05
2/03–4/21/05 (Spanish Only)
2/15–5/03/05
3/03–5/26/05
- **Schizophrenia Education**
1/26–3/09/05
- **Family-to-Family Leader Training**
4/01–4/03/05

Unless otherwise specified, classes and trainings are in San Diego.

Call our Albright Center at 619.543.1434
To register or learn more.

your community Resources

NAMI C.A.R.E. Group

Consumer Support Group
NAMI San Diego Meeting Room
4480 30th Street, San Diego, 92116
Thursdays: 6:00 - 7:30 p.m.

Client Warm Line

1-800-930-9276
Daily: 5:00 p.m. - 11:00 p.m.
Call us. We are fellow consumers of mental health services who have been there, done that. Listening and talking are what we like to do.

Patient Advocacy Program

5998 Alcalá Park, AW 304
San Diego, 92110-2492
(619) 260-7660 or 1-800-479-2233
Monday - Friday: 8:00 a.m. - 5:00 p.m.

The Consumer Center for Health Education and Advocacy

1475 Sixth Ave., 4th Floor, San Diego, 92101
Toll Free: 1-877-734-3258
Mon, Wed, Thurs & Fri: 9:00 a.m. - 5:00 p.m.
Tuesday: 8:00 a.m. - 6:00 p.m.
If you need help getting mental health services or if you have a complaint or grievance, call or write us. We are ready to help you.

Casa Del Sol Clubhouse

1157 30th Street, San Diego, 92154
(between Coronado Ave. & Del Sol Blvd.)
(619) 429-1937
M - F, Call for hours. - Bilingual

Corner Clubhouse

2864 University Ave. (at Utah)
San Diego, 92104 (North Park, #7 Bus Line)
(619) 683-7423
Monday - Friday: 8:00 a.m. - 4:00 p.m.

East Corner Clubhouse

1060 Estes Street (off Chase Avenue)
El Cajon, 92020
(619) 440-5133
Fax: (619) 440-8522
Mon, Tues, Thurs & Fri: 8:00 a.m. - 4:00 p.m.
Wednesday: 8:00 a.m. - 6:30 p.m.

Escondido Clubhouse

474 West Vermont Ave., Suite 105
Escondido, CA 92025
(760) 737-7125
Fax: (760) 741-6645
Monday - Friday: 8:00 a.m. - 4:30 p.m.

Friend to Friend

1009 "G" Street, San Diego, 92101
(619) 238-2711
Monday - Friday: 8:00 a.m. - 4:00 p.m.
An SSI advocate is available

Friends In Hands (Clubhouse)

144 Copper Ave., Vista, 92083
(760) 631-2206
Saturdays: 11:00 a.m. - 4:00 p.m.

Mariposa Clubhouse

560 Greenbrier, Suite. 102, Oceanside, 92054
(760) 439-6006
Monday - Thursday: 8:00 a.m. - 4:00 p.m.
Friday: 8:00 a.m. - 1:00 p.m.
Saturday: 10:00 a.m. - 2:00 p.m.

Neighborhood House Association (NHA) Friendship Clubhouse

286 Euclid Ave. San Diego, CA 92114
(619) 263-6269 Ext. 106
Monday - Friday: 8:30 a.m. - 5:30 p.m.

The Bayview Clubhouse

330 Moss Street, Chula Vista, CA 91911
(619) 585-4646

The Meeting Place, Inc.

4034 Park Blvd., San Diego, 92103
(619) 294-9582
Monday - Friday: 8:00 am. - 4:00 p.m.

Visions @ 5th and H

499 "H" Street, Chula Vista, 91910
(619) 420-8603
Mon, Thurs, Fri & Sat: Noon - 7:00 p.m.
Sunday: Noon - 5:00 p.m.

The Access Center of San Diego

1295 University Ave., Suite 10, San Diego, 92103
(619) 293-3500
Monday - Friday: 9:00 a.m. - 5:00 p.m.

Employment Services

1202 Morena Blvd., Suite 201, San Diego, 92110
(619) 276-8071
Monday - Friday: 8:00 a.m. - 4:30 p.m.

Job Options

3465 Camino del Rio South, San Diego, 92108
(619) 688-1784 (Valorie)
Monday - Thursday: 8:00 a.m. - 5:00 p.m.
Friday: 8:00 a.m. - 4:00 p.m.

San Diego Parks and Recreation Disabled Services Program:

Ask for "The Leisure Seekers" group activities and calendar. No formal registration. Simply call ahead of event and say "I want to sign up for the event"
(619) 525-8247

The Creative Arts Consortium

P. O. Box 3053
San Diego, CA 92163-3053
Director - July Rose
(619) 282-4627 or (619) 563-2708

DBSA

Depressive Bipolar Support Alliance
La Jolla/El Cajon group meetings
Call Agnes (619) 338-6024

The Advocate

Vol. VIII, Issue 11, December 2004

Non-Profit
Organization
U. S. Postage
Paid
San Diego, CA
Permit No. 2695



4480 30th Street
San Diego, CA 92116

1st Thursday!!!

*Learn, Connect,
Meet New Folks!
December 2, 2004
6:00 p.m.*



Return Service Requested



NAMI Membership

Add your voice to ours

Let's work together to improve the quality of life for everyone affected by mental illnesses in San Diego.

Membership Application - - Each membership is for twelve months starting the month we receive your payment.

Name _____

Please indicate below how many voices are represented by the membership. If no indication is made NAMI San Diego will assume that this membership represents two voices. Number of voices _____.

Address _____

City/State/Zip _____

Phone _____ E-mail _____

Prefer newsletter by mail _____, to read newsletter on the web site _____.

_____ Check (please make payable to NAMI San Diego) _____ Cash

_____ Regular Member \$40.00

_____ Professional \$75.00

_____ Local Member \$20.00

_____ Newsletter Only \$15.00

_____ Open Door Member \$_____ any amount under \$40.00

_____ Donation* _____

_____ Please contact me/us with information about volunteering.

*Unless you instruct us otherwise, the first \$40.00 of a donation will be treated as payment for a membership if you are not already a member of NAMI San Diego. This will also apply if your current membership needs to be renewed.

Check relationship to a consumer

- _____ Parent of Adult
- _____ Parent of Child (under 18)
- _____ Sibling
- _____ Spouse
- _____ Professional
- _____ Other
- _____ Self
- _____ None



Annual Report

For the Fiscal Year July 1, 2003 through June 30, 2004

Leadership

NAMI San Diego, a non-profit organization, provides education, support services, and advocacy to improve the quality of life of everyone affected by mental illnesses.

NAMI San Diego is an affiliate of NAMI and NAMI California

NAMI San Diego
4480 30th Street
San Diego, CA 92116

Phone: Albright Information & Referral Center
800.523.5933
619.543.1434

Administration
619.584.5564

Fax: 619.584.5569

E-mail: namisd@sbcglobal.net

URL: www.namisaniego.org

Board of Directors:

President—Karen Gurneck
Vice-President—Sally Shepherd
Treasurer—David Charapp
Secretary—Judy Wasik

Directors at Large

Alan Abrams, MD, JD, FCLM
Tony Alkire
Paul Cumming
Gloria Harris, PhD
Wendy McNeill
Karen Ross
Mary Wilson

Medical Advisory Board

Neal Swerdlow, MD, PhD, Chair
Alan Abrams, MD, JD, FCLM
Kristin Cadenhead, MD
Dan Sewell, MD
Carol Matthews, MD

Executive Director

Bettie Reinhardt

Strategic Plan: Goals and Achievements

The NAMI San Diego Board of Directors adopted a three-year strategic plan in the fall of 2003. Following are the Plan's Visions and the 2004 Key Indicators. To see how we are doing, compare the information through June, 2004 on pages 2 and 3 with the full-year indicators below. *Hint: look for the grassroots.*



San Diego residents will recognize NAMI San Diego as their voice on mental illness.

- Albright I&R Center will handle 4500 contacts
- 8 Family-to-Family classes are filled and held
- First Contact packets are distributed to 500 providers
- Attendance at Walk/Fair is 500

NAMI San Diego provides culturally sensitive services to all those dealing with mental illnesses.

- Family-to-Family classes: 3 Spanish language and one class in South San Diego
- Family support groups: 2 Spanish language and one group in South San Diego
- Fact sheets: Complete set available in Spanish
- Task Forces: Meeting on regular basis, include Latino and African American leaders
- Website: includes dedicated area for resources in Spanish

Families and consumers are empowered to strive for recovery.

- 90% of Family-to-Family teachers complete NAMI training before teaching a class
- 100% of Peer-to-Peer mentors complete mentor training before facilitating a class
- 75% of NAMI C.A.R.E. facilitators complete NAMI training before facilitating a group
- 50% of support groups sponsored by NAMI San Diego use the NAMI Support Group model

Community members in the Greater San Diego area can rely on NAMI San Diego to help improve the quality of life of everyone affected by mental illnesses.

- Capital Campaign and Business plans adopted
- Owned space is designed for maximum participation of necessary staff members, key volunteers, other volunteers, and class and support group participants
- Staff and key volunteer positions are developed and filled to meet organization's needs for administration, fiscal management, program development and support, financial development, community outreach, and membership and volunteer development
- Individuals are identified as trained and accessible "back ups" for each key staff and volunteer position
- Membership/donor database has the capacity to record and report all income and other revenue and to generate all needed membership documents

Residents of the greater San Diego region have services accessible to them that are based on ever-improving science and are evidence-based.

- Evidence-based program services (EBP) are described in NAMI San Diego publications
- Members of NAMI San Diego and the community are provided education about need for and benefit of EBP and are encouraged to support clinically sound research in order to improve available science

Programs

Albright Information & Referral Center

Began in 1985, this telephone helpline has become a full center featuring weekday in-office volunteers, e-mail and walk-in capacity, resources and a lending library, and evening and weekend response to voice mail. Approximately 3,600 contacts were handled during the fiscal year (FY). ☉

Family-to-Family

This NAMI program is a 12-week course for families of individuals with severe brain disorders (mental illnesses such as schizophrenia, bipolar disorder, major depression, obsessive compulsive disorder, panic disorder, and borderline personality disorder). The course is taught by trained family members. All course materials are furnished at no cost to the participants. Six classes, including one Spanish class, were taught during the FY. ☉ ☉

Peer-to-Peer

This NAMI program is a 9-week education course on the topic of recovery for any person with serious mental illness who is interested in establishing and maintaining wellness. Courses are taught by teams of three trained "mentors" who are themselves experienced at living with mental illness. Peer-to-Peer is offered free of charge to people who experience mental illness and is funded by a grant from The California Endowment during 2003 and 2004. Twelve new mentors were trained and five classes were held during the FY. ☉

Schizophrenia: Education for Families & Caregivers

Presented by NAMI San Diego and County of San Diego Health & Human Services Agency, Adult and Older Adult Mental Health Services, and Sharp Mesa Vista Hospital, this six-week lecture series educates families and others about the no-fault biological illness, the possible paths to re-

covery, and the ways in which families can help. Four series, including one in Spanish, were presented during the FY.

In Our Own Voice: Living with Mental Illness

A very powerful and compelling program, IOOV is an informational outreach program on recovery presented by trained consumers to other consumers, families, students, professionals, and all people wanting to learn about mental illness. Forty-six presentations were made during the FY to 673 people and 14 new presenters were trained.

NAMI Support Groups & NAMI C.A.R.E.

Support is the first thing that the founders of NAMI San Diego supplied to each other more than 26 years ago and it is still a cornerstone of our organization. NAMI has both open support groups facilitated by trained family members and consumer groups (NAMI C.A.R.E.) facilitated by consumer peers. Eight open groups, one in Spanish, ☉ met regularly during the FY and 51 ☉ C.A.R.E. sessions were held. Thirteen new C.A.R.E. facilitators were trained. ☉

Task Forces

Three task forces formed and began meeting regularly during the FY to help NAMI take its programming into the communities represented by those groups in an effective way. The Latino Task Force helped translate the fact sheets into Spanish and began planning to recruit bilingual, bicultural volunteers. The Children's Task Force set goals of family support, school outreach, and parent education. The African American Task Force began working with the faith community. ☉

Silver Anniversary Dinner & Silent Auction

NAMI San Diego celebrated its 25th anni-

versary at Tom Ham's Lighthouse in October, 2003. Carol LeBeau received the Silver Anniversary Community Service Award. Henry (Hank) Teisher was recognized for his role as one of NAMI's founders.

Walk for Wellness: Strides for Mental Health

NAMI San Diego's 5th annual walk & resource fair was held in Balboa Park on April 17, 2004. Approximately 500 people participated. ☉

First Contact

The First Contact program was launched to make illness and NAMI information available to non-psychiatric providers. With the help of the Beyster Family Foundation and Marjorie & Arden Joramo, 350 packets were printed and distributed. ☉

Project Payee

Funded by a contract with County Mental Health, Project Payee provided representative payee services to 100 clients each month.

CARE Representative Payee

Emergency Assistance Resource Pools (EARP)

Partial Assistance Rent Subsidy

Funded by the Ryan White CARE Act through the County's Office of AIDS Coordination for people who are HIV+ and are likely to have mental health problems, the representative payee program provided services to 98 individuals, the emergency pools to 1,120, and PARS to 425.

Intensive Case Management Support

The ICM program is funded principally by Housing Opportunities for Persons with AIDS. NAMI provides fiscal management.

Financials

	FY 2004	FY 2003
ASSETS		
Client Fund Accounts	125,287	68,615
Cash & Cash Equivalents	174,812	247,981
Investments at Market Value	338,067	286,813
Other Assets	29,592	76,062
Property and Equipment	490,772	439,890
Total Assets	1,158,530	1,119,361
LIABILITIES		
Client Fund Accounts	124,606	90,152
Accounts Payable & Deferred	169,824	144,924
Total Current Liabilities	294,430	235,076
Mortgage Payable	248,200	254,494
Total Long-Term Liabilities	248,200	254,494
Total Liabilities	542,630	489,570
NET ASSETS		
Permanently Restricted	30,642	30,642
Temporarily Restricted	12,577	73,927
Unrestricted *	572,681	525,222
Total Net Assets	615,900	629,791
Total Liabilities & Net Assets	1,158,530	1,119,361

The financial report on this page is being presented prior to the completion of the audit for the period July 1, 2003 through June 30, 2004. The audit by *Lopez and Associates* will be completed shortly and will be posted on our website:

www.namisaniego.org.

The IRS tax return, Form 990, will also be posted on the website.

The Executive Director, Bettie Reinhardt, and the Treasurer, Paul Cumming, are available to answer your questions.

Donor's Bill of Rights

Developed by: American Association of Fund Raising Counsel, Association for Healthcare Philanthropy, Council for Advancement and Support of Education and National Association of Fund Raising Executives

Philanthropy is based on voluntary action for the common good. It is a tradition of giving and sharing that is primary to the quality of life. To assure that philanthropy merits the respect and trust of the general public, and that donors and prospective donors can have full confidence in the non-for-profit organizations and causes they are asked to support, we declare that all donors have these rights:

- To be informed of the organization's mission, of the way the organization intends to use donated resources, and of its capacity to use donations effectively for their intended purposes.
- To be informed of the identity of those serving on the organization's governing board, and to expect the board to exercise prudent judgment in its stewardship responsibilities.
- To have access to the organization's most recent financial statements.
- To be assured their gifts will be used for the purposes for which they were given.
- To receive appropriate acknowledgment and recognition.
- To be assured that information about their donations is handled with respect and with confidentiality to the extent provided by law.
- To expect that all relationships with individuals representing organizations of interest to the donor will be professional in nature.
- To be informed whether those seeking donations are volunteers of the organization or hired solicitors.
- To have the opportunity for their names to be deleted from mailing lists that an organization may intend to share.
- To feel free to ask questions when making a donation and to receive prompt, truthful and forthright answers.

DONORS

Major Grant

The California Endowment \$70,000—Continuation of 2-Year Project

Corporate Small Grants/Donations
\$1,000—\$5,000

Lions Club of San Diego
Beyster Family Foundation
San Diego Catholic Workers
Paul Bechtner Foundation
Sharp Mesa Vista Hospital
Union Bank of California
First Unitarian Universalist
Church
City of San Diego SHARE
Wellpoint Behavioral Health
Qualcomm Incorporated
California Association of Marriage
and Family Therapists
Discovery
Adventist Health/Paradise
Valley Hospital
\$100—\$999
Scripps Behavioral Health
World Reach, Inc
Alvarado Parkway Institute
St David Episcopal Church
Worldreach Inc
Sempra Energy
Energy for Others
USD Advocacy Program

Individual Donations
\$1,000 or Greater

Anonymous
Anonymous
Betty/JR Beyster
Marjie/Arden Joramo
Karen Gurneck/Alan Abrams
\$500 - \$999
Henry Teisher
David Charapp
Mary/John Miesner, Jr.
Andrade Family
Joan/William Williams
\$101—\$500
Mary/Peter Truman
Roberta Holmes
Cheryl Noncarrow
Paul De Vroeg
Margaret/James England
Harriet DeMartini
Shelby Stone
Maurice Brunache
Janet Placido
Robert Duckworth-Ford
Rhoda/Robert Gordon
Kari Neumann/Joan Olsen
Carol Voelker, Ph.D.
Bridget Gotz
Mark Taisey

Emy/Vidal Alhambra
Janice/Daniel Karsh
Kathleen/Andrew Mauro
Gay/Robert Ames
Margaret/John Sottosanti
Berta/James Darr, Jr.
Helen Bergen
Mary Cobb
Mary/Hugh Pates
James Albright
Frank Marshall
Carol Venable
Virginia Prutow
Bettie Reinhardt
Alec Harootunian
Gwen Jorgensen
Cynthia Wilford
Edward McMurtrie
Gloria/Jay Harris
Sally/Jim Zoll
Stephen Tomacelli
Sue Moss
Mary/William Betzer
Jackie/Jessie Valdez
Fen-Hui Chen
Patricia Crawford
Verna Price
Paul DeMartini
\$50—\$100

Andrew Trevisani
Henrietta Blacic
Donna/Jim Wood
Dolores Brown
Rachel /Jerry Levens
Gretchen /David Bergmen
Blanche F Caughlin
Beverly Joy
Elizabeth Becker
Joan Ammon
Agustina/Benjamin Lopez
Jennifer White
Lucy Killea
Vanessa Feaster
Mary/William Ballin
Sherry Bloom
Eilean Wuhl
Susan/James Tuckwell
Kathleen / Thomas Callan
Berkeley Squares
Sherry/Martin Bloom
Jackie/David Spierman
Joan/ Larry Cairncross
Kristin Cadenhead
Regina Peck
Betty McKay
Barbara/Terrence Caster
Diane Ferguson
Tony Alkire
Helen/Webster Kinnaird
Judith / Walter Wasik
Kimberly Miller
Patricia/Lewis Judd
Sally/Brian Shepherd
Maria Sardinias
Patricia Kreder
La Jolla Support Group
Philip Weck

Susan Randerson
Anita Fisher
Diana Medlin
Julia/Jerry Butsko
Julie Ludington
Syd Taylor
Kathleen/Juan Guerrero
Therese/Michael Flaningam
Marilyn/Stuart Wilson
Leonore Raya
Juanita Brents
Josephine Kenney
Alice/Marvin Thompson
Gail Andrade
Tadzia Martin
Charles Dexter
Mary Lou Erwin
Adele West
Karla Nikkinen
Stefana Brintzenhoff
Gloria Espeseth
Mary Sanchez
Bonnie Rose Daly
Patti/Wayne Germain
Joseph Mawhinney
Dorothy Davis
Jeanette Keil
Natalie Moynihan
Nancy Jacobus
Clarina Chu
Beth Olin
Mary Lou/Paul Jacot
Helen Saville
Elizabeth Pascoe
Sandie Linn
Jackie Statman
Mary Wilson
Ella/Joe Brandt
Rachel Bergman
Thomas Templeton
Charlotte Mitchell
Linda Hammond
Sara Briseno
Sara Matta
Margaret Beers
Carol/Byron Wishnek
Glenn Allison
Alison Ross Cook
Jeff Easton
Jean Mollenhauer
Shannon Jaccard
Joanne Derr
Sharron Bourland
Velva Landi
James Morrison
Elizabeth Stevens
Joji Gomez
Marcia Owens-Overley

Additionally, Astra Zeneca, Bristol-Myers Squibb, and Janssen Pharmaceutica made contributions to NAMI San Diego during this Fiscal Year specifically for implementation of SanD/MAP. SanD/MAP is an innovative medication algorithm program that made its California debut here in San Diego.

PROP 63 INFORMATION

California voters approved Proposition 63 on November 2nd so all we have to do now is open up our pockets and wait for the money to flow in - right? You know, of course, that things do not happen that easily. In fact, it seems there is at least as much work to do when things are going “right” as when they are going “wrong”.

County Mental Health Services and the County Mental Health Board are proposing that three community organizations actively work on implementing the Mental Health Services Act (Prop 63’s real name) to assure full community understanding and input. The Children’s System of Care Steering Committee, an *ad hoc* committee for the adult system, and the Older Adult Task Force are developing plans for carrying out their charge. NAMI is a part of the groups. When approved by the Board of Supervisors, this strategy for obtaining “stakeholder” input will be included in a Plan for Planning submitted by County Mental Health Services to State Department of Mental Health. We will keep you informed of opportunities to participate in this process in this newsletter and on our website. *The first year’s timeline is on the back of this information page.*

Recap of Mental Health Services Act

- Define serious mental illness as a condition deserving priority attention
- Reduce long-term adverse impact from untreated serious mental illness
- Expand successful, innovative service programs
- Provide funding to adequately meet the needs
- Ensure that funds are expended in a cost-effective manner and that services are provided consistent with best practices

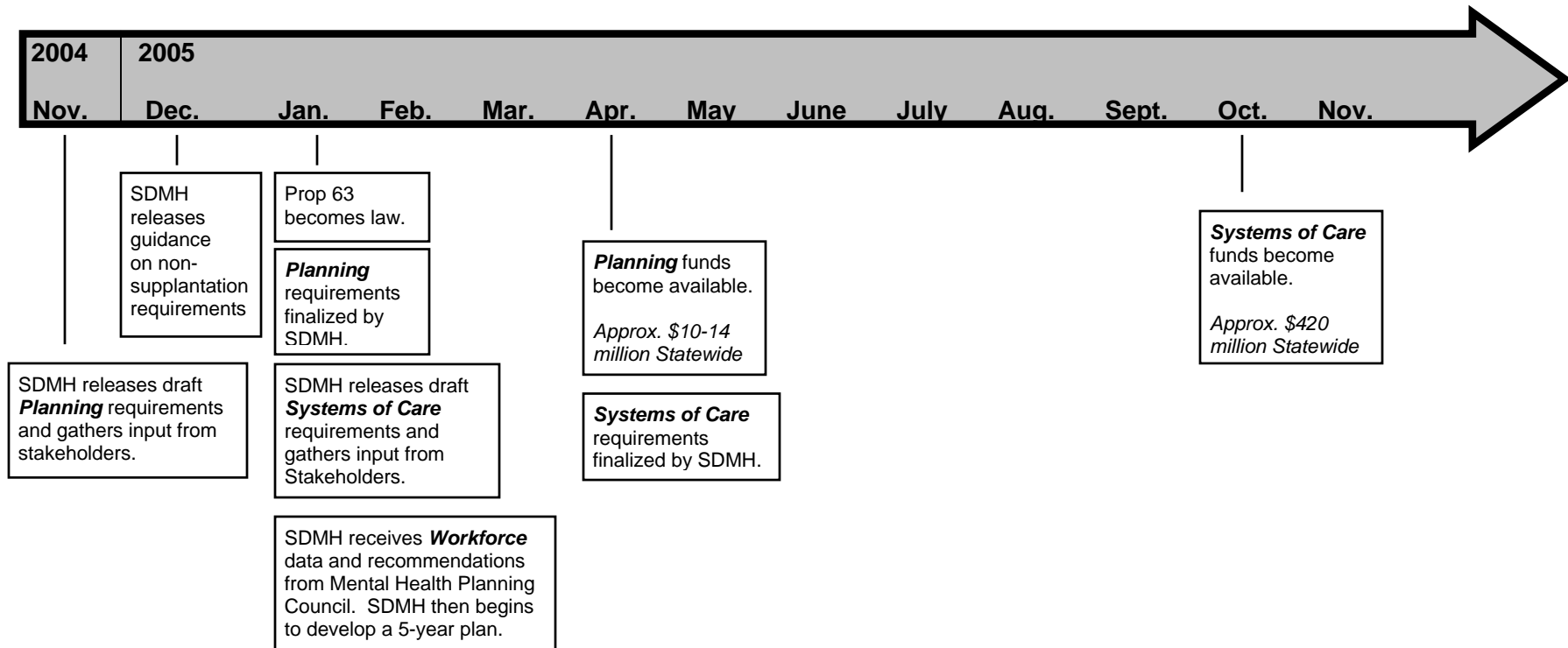
Program Areas for Funding

- Prevention and Early Intervention
- Services to Individual with Serious Mental Illnesses
 - Children
 - Adults and Older Adults
 - Innovation
- Education and Training
- Information Technology and Capital Investment
- State Administration

Tentative Timeline for State Implementation of Proposition 63

Prepared by the Los Angeles County Department of Mental Health
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As of November 8, 2004



Still to be determined:

- Deadline for local mental health agencies to submit to State Department of Mental Health (SDMH) a 3-year plan for **Prevention**, **Innovation**, and **System of Care** (must include local stakeholders, public hearing).
- Timeline and requirements for **Prevention**
- Timeline and requirements for **Innovation**.
- Timeline and requirements for **Capital Facilities**.
- Timeline and requirements for **Workforce Development**.
- Timeline and requirements for **Information Technology**.
- Timeline for establishment of Oversight and Accountability Commission.
- Timeline for SDMH to seek federal Medicaid approvals to maximize federal funds.
- Timeline for State Department of Social Services to seek federal approval to expand wrap-around services.
- Timeline for local mental health agencies to submit to SDMH a workforce development needs assessment.

2004-05 Funding Allocations: (Approx. \$250 Million Statewide)

- 45% education/training
- 45% capital facilities and technology
- 5% local planning
- 5% State responsibilities

2005-06 onward Funding Allocations: (Approx. \$700 Million Statewide)

- 10% education/training trust fund
- 10% capital facilities and technology
- 20% prevention
- 60% local mental health agencies (5% for innovation)