



THE CITY OF SAN DIEGO  
**San Diego Public Library**

**FOR IMMEDIATE RELEASE**  
Thursday, September 13, 2007

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**People Say I'm Crazy: A documentary Film by John and Katie Cadigan**  
In recognition of "*Mental Illness Awareness Week*"

**SAN DIEGO** – The first documentary filmed by someone living with the disease, *People Say I'm Crazy*, tells the story of John Cadigan, a gifted young student-artist diagnosed with schizophrenia at 22, as he struggles to come to terms with his condition. Made with the assistance of his sister award-winning documentarian Katie Cadigan, the film sheds light on the overwhelming challenges people with major mental illness and their families must face. It also calls attention to the "labeling", stigmatizing and societal ignorance and fear that accompany most discussion of mental illness.

*NAMI*, *National Alliance for the Mentally Ill*, is the sponsor of *Mental Illness Awareness Week*, an effort to increase community awareness of mental health issues and build institutional support for those affected. *NAMI* seeks to encourage people to learn more about the symptoms of mental illness and understand its impact on society; to promote early detection and accurate diagnosis, to reduce stigma, to minimize the devastating impact on the millions presently affected, and to reach out to individuals suffering from mental illness to encourage them to seek treatment.

**The film will be shown at 1:00 p.m., Saturday, October 13, 2007, University Community Library, 4155 Governor Dr. SD, 92122.**

[www.sandiegolibrary.org](http://www.sandiegolibrary.org)

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