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FOR IMMEDIATE RELEASE:

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From hoarding to gambling, upcoming conference focuses on senior issues

SAN DIEGO—The title of the conference is “Mental Health and Aging: Don’t Miss the Obvious” and will feature expert speakers on senior issues that often go unnoticed.

The conference is organized by the Senior Mental Health Partnership, which consists of the National Alliance on Mental Illness (NAMI San Diego) and the University of California San Diego Department of Geriatric Psychiatry. It will be held from 8:30 am to 4:30 pm on Thursday, May 20, 2010 at the County Administration Building, 1600 Pacific Highway, Room 358, San Diego, 92101.

The mission of the Senior Mental Health Partnership is to improve the quality of life for older adults in the diverse communities of San Diego County by addressing the issues of mental health and substance use through education and advocacy. The County of San Diego and Aurora Behavioral Health Care are co-sponsors of the conference and CEUs are available for RN/MFT/LCSW/CAADAC.

The topics include:

- Hoarding
- Gambling addiction in older adults
- Senior financial abuse—from the victim’s perspective
- Maintaining mobility and reducing pain: the importance of core strengthening
- Vision loss in the elderly
- Grief

Featured speakers are Catherine Ayers, PhD, Sunnyo Park, MFT, CCGC, NCGC, Suzanne Koch Eckenrode, MFT, Kimberly Pearce, MFT, Ted Dreisinger, PhD, Charles Flowers, MD, and Ken Druck, PhD.

For more information, call 619-584-5564 or email smhp@namisd.org. You can also register online at www.namisaniego.org (SMHP conference). If two or more people from the same company register at the same time, a discount will be given.

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