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FOR IMMEDIATE RELEASE:

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Giant rummage sale in North Park to benefit NAMI San Diego on June 26

SAN DIEGO— Get ready to get a good deal on good stuff for a good cause because the National Alliance on Mental Illness (NAMI San Diego) will be holding a giant rummage sale on Saturday, June 26.

From 8 a.m. until 2 p.m. this fun summer event will be held in the NAMI San Diego parking lot at 4480 30th Street in North Park. Parking is available on the neighborhood streets, as well as the church parking lot directly across the street from NAMI San Diego.

New and gently used items will be available to the public at low cost, including gift baskets, house wares, appliances, baby clothes, books, plants, jewelry, CDs & DVDs, electronics, small furniture and more! The event will include free musical entertainment, as well as a bake sale, and ice cream and sodas available for purchase. Every adult in attendance will receive a chance for the door prize drawings throughout the day.

All proceeds will go to support NAMI San Diego's services to offer education, support and advocacy to everyone affected by mental illness. These services include support groups, educational classes, newsletters, community outreach and the helpline. With the recession deepening, mental illness symptoms are on the rise and the no-cost services of NAMI San Diego are needed more than ever before. The money made from this super rummage sale and fun fest will help NAMI continue to offer their services.

In order to make this sale a success, NAMI needs donations of items to sell. If you've been spring cleaning and find yourself with things you don't want to hang onto anymore, please consider donating your gently used items to the NAMI super sale. Be sure that all items are clean and in working order. NAMI is collecting donated items at the office. In addition, NAMI will be holding a bake sale alongside the rummage sale and needs donated baked goods as well.

If you would like to donate, set up a drop-off time or have questions about the super sale and fun fest, please contact Annie Dunlop at (619) 584-5574 or anniedunlop@namisd.org

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