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**FOR IMMEDIATE RELEASE:**

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**From PTSD to gambling, upcoming conference focuses on senior issues**

SAN DIEGO—The title of the conference is “Mental Health and Aging: Don’t Miss the Obvious” and will feature expert speakers on senior issues that often go unnoticed.

The conference is organized by the Senior Mental Health Partnership, which consists of the National Alliance on Mental Illness (NAMI San Diego) and the University of California San Diego Department of Geriatric Psychiatry and NorCAN. It will be held from 8:00 am to 4:00 pm on Thursday, November 4, 2010 at Aurora Behavioral Health Care, 11878 Avenue of Industry, San Diego, CA 92128.

The mission of the Senior Mental Health Partnership is to improve the quality of life for older adults in the diverse communities of San Diego County by addressing the issues of mental health through education and advocacy. CEUs are available for RN/MFT/LCSW/CAADAC.

The topics include:

- Post Traumatic Stress Disorder in older adults
- Prevention and Intervention Program for caregivers of older Latino adults with Alzheimer's Disease
- Live demonstrations—core strengthening for older adults
- Identifying problem gambling in seniors
- Vision loss in the elderly
- Needs of older adults and the Lesbian, Gay, Bisexual and Transgender community

For more information, call 619-584-5564 or email [smhp@namisd.org](mailto:smhp@namisd.org). You can also register online at [www.namisaniego.org](http://www.namisaniego.org) (SMHP conference). If three or more people from the same company register at the same time, a discount will be given.

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